

Flanagan's Running Club – Issue 14

Introduction

The first rule of Flanagan's Running Club is everyone should talk about Flanagan's Running Club!
Feel free to forward on to anyone you want, tell people about it the works, and just get them to sign up.

Can I ask you all a favour, please can you review my book on Inkitt, and the link is below. Even if you don't take time to read it properly, please flick through a few chapters, give it ratings and a review and vote for it please. It may help me get it published.

<https://www.inkitt.com/stories/thriller/201530>

On This Day – 5th October

1936 – The Jarrow March sets off for London.

1962 – Dr. No, the first in the James Bond film series, is released.

It's the International Day of No Prostitution

Mapping The London Year

1962 – The first James Bond film, Dr No, has its world premiere at the London Pavilion.

Dr No was actually the second Bond book written by Ian Fleming. The first, Casino Royale, introduced the character of James Bond but was not made into a film until the spoof spy film starring David Niven in 1967. David Niven was originally considered for the Bond role in Dr No, in addition to Cary Grant, Patrick McGoohan, Roger Moore and Lord Lucan. The producers decided to cast the part, but the winner, 18-year-old model Peter Anthony, proved unable to cope with the role. Ultimately they chose a 30-year-old former milkman named Sean Connery, who swaggered into the audition in crumpled clothes. The director, Terence Young, decided to groom Connery for the role and so took him to his barber and tailor and then out on an extended bender to introduce him to the high life in London.

Ursula Andress, whose emergence from the ocean as Honey Ryder is one of the most iconic of the film. Although she looked perfect, her voice was thought to be too heavily accented and was dubbed over in the final film.

Chuck D Presents This Day In Rap And Hip-Hop History

1997 – Jason Nevins releases his remix of Run DMC's "It's Like That" on Profile records.

Fourteen years after Run DMC first released the 1983 single; the remix from dance music producer Jason Nevins transformed a somewhat obscure track into a massive global hit. Officially released under the name Run DMC vs. Jason Nevins, the single sold approximately five millions copies worldwide.

365 – Great Stories From History For Every Day Of The Year

1795 It was 13 Vendemiaire, An IV, according to the French republican calendar. Both Louis XVI and Robespierre had already been fed to the guillotine, but hard-eyed monarchists and fanatical revolutionaries still roamed the streets of Paris. Now royalist agitators, bizarrely backed by their former enemies on the hard left, were marching at the head of a mob of 30,000 armed and excited protestors. Their goal: the Tuileries, where the Convention was meeting. The government must fall, no matter who was there to pick up the pieces.

In charge of security was vicomte Paul Barras, a brawny provincial nobleman who had helped bring about the executions of both Louis XVI and Robespierre. As commander of the Army of the Interior and the police, he was one of the most powerful men in the country. He had recently begun a new affair with a tempting 32-year-old widow from Martinique named Josephine de Beauharnais.

Realising that only military force could quell the mob, Barras called on a young unemployed brigadier general named Napoleon Bonaparte and put him in charge of the Convention's defences. Bonaparte instantly recognised the need for artillery and ordered Major Joachim Murat, whom he now met for the first time, to commandeer 40 cannon and place them at key points around the Tuileries.

In mid-afternoon the excited rabble approached. Bonaparte held fire until the crowd reached point-blank range, then commented contemptuously, 'We'll give them a whiff of grape.' The cannon spat out murderous grapeshot, instantly cutting down over 200 and wounding twice as many more. The mob fled in panic and the government was saved.

In an uncanny way, the lives of many of the principal players from 13 Vendemiaire would be intertwined in the years to come. A year later Bonaparte married Josephine de Beauharnais, whom he had met at Barras's house. Barras went on to even greater power in the government but was precipitously driven from office and eventually exiled from France by Bonaparte, the general he had drafted. Murat became one of Bonaparte's most successful marshals, ultimately becoming the King of Naples. And of course in his coup d'état of November 1799 Bonaparte also destroyed the republican government that he had so well protected.

Births

1902 – Ray Kroc
1922 – Jock Stein
1951 – Bob Geldof
1952 – Clive Barker
1952 – Harold Faltermeyer
1952 – Imran Khan

Deaths

1918 – Roland Garros
2011 – Steve Jobs
2015 – Henning Mankell

Number 1's

Number 1 single in 1970 - Freda Payne - Band Of Gold
Number 1 album in 1983 - Paul Young - No Parlez
Number 1 compilation album in 2014 - Keep Calm And Chill Out

Random Results

2014 - Tottenham Hotspur 1 - Southampton 0
2012 - Sale Sharks 8 - Leicester Tigers 20
1952 - Dallas Texans 14 - San Francisco 49ers 37
2014 - Washington Nationals 1 - San Francisco Giants 2
2017 - New York Rangers 2 - Colorado Avalanche 4

Drabble

A drabble is a complete story that is exactly one hundred words long.

Get A Notepad

He had stopped reading, turned his kindle off, turned the light off, and tried to go to sleep.

His mind wouldn't stop. He was having ideas for what to write for his next drabble. There were lots of strands, ideas about writing on subjects he knew about and was interested in.

Then he had a story flash into his mind and he counted the words in his head. He had about ninety, which was great he could work with that. He'd write it down when he got up in the morning.

The morning came. If only he could've remember it!

Joke

In a trial, a small-town prosecuting attorney called his first witness, an elderly grandmother to the stand. He approached her and asked; "Mrs Jones, do you know me?" She responded, "Why yes I do know you Mr Williams. I've known you since you were a young boy, and frankly, you're a big disappointment to me. You lie, cheat on your wife, manipulate people and talk about them behind their backs. You think you're a big shot when you haven't the brains to realise you will never amount to anything more than a two-bit paper pusher. Yes I know you." The lawyer was stunned, and not knowing what else to do, pointed across the room and asked, "Mrs Jones, do you know the defence attorney?" She again replied, "Why, yes, I do. I've known Mr Bradley since he was a youngster. He's lazy, bigoted, and had a drinking problem. He can't build a normal relationship with anyone and his law practise is one of the worst in the state. Not to mention he cheated on his wife with three different women. One of them was you're wife. Yes I know him." The defence attorney almost died. The judge then intervened and called both lawyers over to him and told them in a quiet voice. "If either of you idiots asks her if she knows me, I'll have locked up for contempt of court."

Random Items

Fact

All polar bears are left-handed.

Firsts

The first vacuum flask was made by Sir James Dewar in 1892

The first drinking straw was designed by Marvin Chester Stone in 1886

The first Microwave oven was developed by Percy Spencer in 1945

Thought

Given a bird can fly anywhere at any time, why does he choose to park himself in the gutter of a city centre office building?

Forgotten English

Colting

Romping in a very opprobrious sense, when applied to a woman.

Ambrose Bierce's Demon's Dictionary

HOSPITALITY

The virtue which induces us to feed and lodge certain persons who are not in need of food and lodging.

Words You Should Know

Uxorious

You wouldn't think that being fond of your wife could be a bad thing, but a man who is described as uxorious is overfond or overly dependent on her. It may be good to be happy at home by the fireside rather than being out, but the implication here is that you are getting in your wife's hair.

Popular Expressions – What They Mean And Where We Got Them

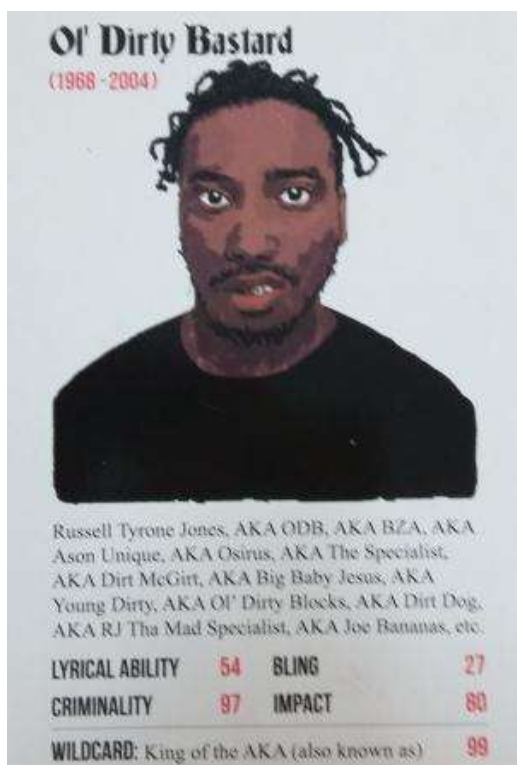
To put on the back burner

To put off or postpone. A very useful expression in business if a decision cannot be made immediately, meaning that an idea, proposition, course of action or project can be put aside and kept in reserve for use when necessary, or when circumstances are more propitious.

It stems of course from the back burners, or rings, of a cooker, which are used for simmering, while the front burners are usually the hottest and used for fast cooking.

There is now even a verb form gaining increasing usage in office jargonese, with people talking of 'back-burnering' something.

Rappers of the Nineties Trumps



Of Dirty Bastard
(1968 - 2004)

Russell Tyrone Jones, AKA ODB, AKA BZA, AKA Ason Unique, AKA Osirus, AKA The Specialist, AKA Dirt McGirt, AKA Big Baby Jesus, AKA Young Dirty, AKA Of' Dirty Blocks, AKA Dirt Dog, AKA RJ Tha Mad Specialist, AKA Joe Bananas, etc.

LYRICAL ABILITY	54	BLING	27
CRIMINALITY	97	IMPACT	80
WILDCARD: King of the AKA (also known as)			99

Quote(s)

Karen (seeing Macca for the first time in ages)
Your hair looks really different.
Is it real?

Going Underground

Redbridge

Takes its name from the *bridge* over the River Roding on what is now the Eastern Avenue just outside Wanstead. The old *red bridge*, first recorded on a map in 1746, was probably a century older; it has been replaced by a more modern one but the original bridge has given its name to a whole new London borough.

Prior to the opening of the station, two other names ILFORD WEST and RED HOUSE were considered, but it opened as REDBRIDGE on 14 December 1947.

Top Ten

10 most used characters in Dilbert	
No	Character
1	Dilbert
2	Pointy Haired Boss
3	Wally
4	Alice
5	Dogbert
6	Asok
7	Carol
8	Tina
9	Catbert
10	Ted

Cathedral Fact Files

Cathedral	Lincoln Cathedral		
Dedicated To	St Mary		
Type	Medieval	Architecture	Old English
Religion	COE	Tower / Spire	3 Towers
Site Founded	678	Height (External)	271ft
Church Founded	1072	Height (Internal)	82ft
Bishopric Founded	678	Length	512ft
Current Bishopric Founded	1092	Width	251ft

Thirty-Three And One Third Revolutions Per Minute

Bloodhound Gang – Hooray For Boobies

Hooray for Boobies, produced by Jimmy Pop and Richard Gavalis, and released on October 4, 1999, in Europe, and February 29, 2000, in the US, is the third studio album by the American alternative rock band Bloodhound Gang, and the band's second release with Geffen Records after gold certified One Fierce Beer Coaster.

The album was a commercial success that generated favourable reviews and brought the Bloodhound Gang into the mainstream consciousness. In the US, it initially debuted at number two on the Top Heatseekers chart, but topped off at number 14 on the Billboard 200 chart. However, the album aced number one in Australia, Austria, and Germany. Since its release in 1999, the album has sold over 4 million copies internationally.

Five singles were released from the album; "*Along Comes Mary*", "*The Ballad of Chasey Lain*", "*Mope*", and "*The Inevitable Return of the Great White Dove*". The second, "*The Bad Touch*", was an international hit. Listed on fourteen different charts worldwide, it reached number one on five of them.

"*A Lap Dance Is So Much Better When the Stripper Is Crying*" is a parody of the narrative of Red Sovine's "trucker songs". "*Right Turn Clyde*" features a chorus parodying Pink Floyd's hit single "*Another Brick in the Wall Part II*"; "All in all you're just another dick with no balls." Because of these issues, the album was delayed in the US. Both were eventually resolved and the album was finally released in the US.

It's hard to think of an album that deliberately went out of its way to insult and upset so many people. It's puerile, offensive, sexist, and racist and any other ist you can think of. But it is funny as f#@* in places and very much of its time. I couldn't imagine it getting a release today, so just enjoy a time where it was allowed. All tracks written by Jimmy Pop except when noted.

Track listing

1. - "*I Hope You Die*" - 3:41. Long improbable description of events that they want to befall their subject or ire.
2. - "*The Inevitable Return of the Great White Dope*" - 4:02. Appeared on the Scary Movie soundtrack. Failed to chart on its release in either the US or UK
3. - "*Mama's Boy*" - 0:34. A recording of a conversation between Jimmy Pop and his mom, where he asks her for words that rhyme with vagina. She threatened to sue him if he used the conversation on the album.
4. - "*Three Point One Four*" - 3:55. Children, or possibly reasons not to have them or the family life.
5. - "*Mope*" - Jimmy Pop, Falco, Frankie Goes to Hollywood, Metallica - 4:36. The best track on the album, others had more success, but this opens with a homage to Falco instead of Tupac and Biggie, has Metallica riffs underlying the verses, before adding in some chorus from Relax, having an interlude with Pac-Man on crack and finishing up with Homer Simpson repeating "Holy Macaroni", whilst having a pop at anyone they can. Failed to chart on its release in either the US or UK, which is a shame.
6. - "*Yummy Down on This*" - Jimmy Pop, Lüpüs Thünder, Darrin "Dangerous" Pfeiffer - 3:49. Not a lot of imagination needed to find out what 'this' relates to
7. - "*The Ballad of Chasey Lain*" - 2:21. NSFW. At all. For those that don't know Chasey Lain was a Porn Star of the era when this was released. Hit number 15 in the UK charts but failed to chart in the US.
8. - "*R.S.V.P.*" - 0:15
9. - "*Magna Cum Nada*" - 4:00. Appeared in the movie Loser.
10. - "*The Bad Touch*" - 4:20. The one track of theirs that everyone knows, with the video where they run amok in monkey suits on the streets of Paris. Hit number 21 on the US Billboard Hot 100, and number 4 on the UK singles chart.
11. - "*That Cough Came with a Prize*" - 0:14. Yes this is just a clip of someone coughing. What sounds like a lung up.
12. - "*Take the Long Way Home*" - 3:07
13. - "*Hell Yeah*" - 5:02
14. - "*Right Turn Clyde*" - Jimmy Pop, Roger Waters - 5:24
15. - "*This Is Stupid*" - 0:10
16. - "*A Lap Dance Is So Much Better When the Stripper Is Crying*" - 5:37. A Casio keyboard brings an eighties feel to it, and the lyrics sound like a terrible country song.
17. - "*The Ten Coolest Things About New Jersey*" - 0:10. Ten seconds of silence showing exactly what they think about New Jersey.
18. - "*Along Comes Mary*" - Tandy Almer - 3:25. Failed to chart on its release in either the US or UK
19. - "*Hooray for Boobies*" (hidden track) - 3:37. Goofing about in the studio with Opera stars to sing the album's title, and out cuts from trying to get the lyrics right for track 16.

Band members

Jimmy Pop – lead vocals, keyboards, sampling, production
Lüpüs Thünder – guitar, programming
Spanky G – drums
Evil Jared – bass
DJ Q-Ball – vocals, co-lead vocals (track 5), turntables, keyboards, programming
Other personnel
Rich Gavalis – engineer, editing, mixing, assist producer
Derron Nuhfer – saxophone
Tavis Werts – trumpet
Rich Balling – trombone
Darrin "Dangerous" Pfeiffer – drums
Parry Gripp – vocals
Chasey Lain – vocals

Production

Avery Lipman – executive producer
Monte Lipman – executive producer
Joseph M. Palmaccio – mastering

Charts

Australia ARIA Charts - 1

Austria Top 40 - 1
 Dutch Top 40 - 22
 Germany Top 100 - 1
 Sweden Sverigetopplistan - 19
 Switzerland Schweizer Hitparade - 2
 UK Albums Chart - 37
 US Billboard 200 - 14

Certifications

Australia - Gold
 Canada - Gold
 EU - Platinum
 United States - Platinum

Club Fact File

Newcastle United	
Founded	1881
Turned Professional	1889
Admitted to the League	1893
Ground	St. James' Park
Capacity	52,354
Previous Ground(s)	South Byker, Chillingham Road Heaton
Previous Names	Stanley, Newcastle East End
Nickname(s)	The Magpies
Trophies	
League Champions	1904-05, 1906-07, 1908-09, 1926-27
Division 2 Winners	1964-65, 1992-93, 2009-10, 2016-17
FA Cup Winners	1910, 1924, 1932, 1951, 1952, 1955
Anglo Italian Trophy	1973
Texaco Cup	1974, 1975
UEFA Cup (Fairs Cup)	1969
League Seasons	
Seasons in Premier League (Top Flight)	87
Seasons in Championship (Tier 2)	28
Seasons in League 1 (Tier 3)	0
Seasons in League 2 (Tier 4)	0

Story Time

The Object

“No! Stop! Put it back.”

Sadie’s shoulders slumped. “Daniel, for crying out loud, can’t you leave anything alone? Is there nothing you won’t put your sticky little fingers all over?”

Daniel looked up at his mom, surprised by the tone and volume of her voice. He didn’t think he did it on purpose, he was just inquisitive. He didn’t know what his mom was doing; she had been working away for hours. He had been given the freedom to wander the house by himself and look at whatever he wanted. Yet he found himself back here in his mom’s office. The one place she had told him not to enter, and not to touch anything in. He hadn’t intended to, but the shiny little object on the long workbench had been calling to him. He put it back down.

“I’m sorry mom, it was just so shiny.”

Sadie watched her son put the object back on the workbench. She knew that it was shiny and she hadn’t meant to leave it out in plain sight on the workbench. It would attract attention anywhere, which is why it normally sat in the locked bottom drawer of her desk. Hidden away from prying eyes and sticky fingers.

“Daniel, you must promise me never to touch that object again. No matter how shiny it looks. It is very dangerous. Mummy always wears gloves to touch it so it doesn’t hurt mummy.”

Sadie had almost let out a blood curdling scream when she had seen Daniel pick the object up. What she had told her son was true, it was dangerous. She had seen what it could do, what it had done. It scared her to have it in the house, but where else could she put it? She put on the special glove that was lying on the workbench and carefully picked the object up. Even with the protection the glove gave her, she was still wary the object may fire into life as it had before. She put it back in the bottom drawer of her desk, and locked the drawer.

“I’m sorry I shouted at you Daniel, but you scared me then. How about I stop working now and we can go down to the café for an ice cream?”

Daniel smiled and called out, “Yes! Ice cream, can I have the chocolate again please mom?”

Sadie smiled herself; of course Daniel would want the chocolate. Ever since he had tried it for the first time, he hadn’t wanted to try any other flavour. “Yes, you can have the chocolate.”

She shooed Daniel from the room and tidied away the rest of what she had been doing, and then followed Daniel out of the door, closing it behind her. She was thankful the object hadn’t done what she had seen it do before.

Sadie had been with another partner from the company – Andrew. They had submitted plans to build a multi-purpose business and Retail Park in what was essentially green belt land between Hinckley and Nuneaton. A few small bribes from the company had been enough to get the required number of votes to get it agreed at the Hinckley District Council planning committee. Leicestershire County Council had rubber stamped the plans as well. It was all going well until they had started work on the excavation of the site.

The penetrating ground radar had told them there were rocky outcrops not far beneath the surface. What it hadn’t told them was it wasn’t a natural rock formation. They had uncovered what appeared to be the remains of a Neolithic settlement. Work had ground to a halt whilst experts had been called in to examine the site properly.

Sadie and Andrew had panicked. If these were Neolithic settlement remains, then the whole plan would be scuppered. They would be tied up in red tape, paperwork, archaeologists and the like for years. They weren’t prepared to let that happen and so they had gone to the site to try and remove any traces of anything that may cause further interest.

It had been a fool’s mission from the outset, but one borne out of frustration. No one had been supposed to be on the site until the archaeological team had been out to inspect it. They had been given six days to wait until a team could be put together. The pair of them had spent two nights trying to clear the site, scrabbling through the earth and grass with head lamps, gloves and large satchels. They had removed countless bones, pieces of pottery, rough tools, and any other detritus that may catch the archaeologists’ eyes. They had then been replacing it with a load of old tat they had removed from a land fill site a few miles away. To them it would look like there was some not so old rubbish lying around.

On the third night they had come across the object. A glint of light rebounded from it as they continued searching the ground. It was a silvery metallic object. An irregular shape, with lots of different sized facets at different angles. Andrew had carefully dug around it. It was about six inches high and approximately half that in width and depth. It looked out of place compared to everything else they had found. Andrew picked it up to examine it, removing his gloves as he did so.

“It’s very warm to the touch.”

Then the object lit up and Andrew started to shrink up into the object and he disappeared completely. The object fell to the floor and returned back to its original colour. Sadie had screamed, not believing what she had seen. She put on the additional gloves that had fallen to the floor along with the rest of the clothes Andrew had been wearing. She took the bag from her shoulder and put it next to the object. She quickly picked the object up and dropped it into the bag. She closed the bag, put it back over her shoulder, picked up Andrew’s clothes and fled the site.

They had come here in Andrew’s car, and Sadie found the keys in his jacket pocket. She drove back to the industrial estate just off Watling Street, left the keys in the car, took all the other items and got in her car. She drove back to her house on the outskirts of Markfield, unloaded all the items from her car and went inside the house.

She put the object in her desk drawer, hid Andrew's clothes in a box in the loft, along with all the artefacts they had collected that evening. She never returned to the site. When Andrew didn't turn up at work, and didn't answer his phone or answer the door of his house, the police were called. They only took the missing person's report seriously when they found his abandoned car with the keys still in the ignition.

Two years down the line, the search had long since fizzled out. The proposed site had been declared of significant historical importance, and the firm had taken the hit on the cost of the land and found another site to build on. When the police searched Andrew's house they had found a box full of artefacts from the site. They concluded the looting of the site was the reason behind Andrew's disappearance.

Sadie didn't disagree with them. Yet she knew it wasn't in any way the police could have thought about. Over the last two years she had spent a lot of time trying to identify the object that lived in her desk drawer. Trying to find a way to make it give Andrew back. Yet she hadn't found any mention of it, or anything remotely similar to it in all that time.

Daniel waited until his mom had gone to bed. Then he waited another hour for good measure. He thought his mom would be asleep by now, and he made his move. He didn't know what the object was his mom was hiding in her office, but he needed to see it again. It was all he could think about. He hadn't even tasted the chocolate ice cream he had had that afternoon.

He crept past his mom's room, listening for any sign she might still be awake. When he heard nothing he carried on down the stairs. He went into his mom's office, closed the door behind him and turned the light on. He had seen his mom lock the drawer, and had carried on watching her after she had shooed him out of the office. He had seen her put the key in a box up on the bookshelf. He moved the chair across the room and climbed up on it to reach the little box on the top shelf. He opened the box and was surprised to find a number of keys in it. He got down from the chair and started trying the keys on the drawer.

The second one he tried opened the drawer and he could see the object in the bottom of it. He picked it up out of the drawer and held it up so he could get a better look at it.

Sadie woke suddenly. What was that noise? Had it been in the house or in her dreams? She lay in the dark listening. She thought she could hear a scrabbling sound coming from downstairs. She got out of bed and went to investigate. On the landing she noticed that Daniel's door was open. It was unusual for him to be up during the night.

She headed down the stairs and could see a crack of light from under the door of her office. What was Daniel doing in there? She opened the door and froze. On the floor lay the object and a very old man curled up naked in the foetal position. He was looking up at her, and then his lips started to move.

She heard Andrew's voice say, "I'm sorry Sadie," and then she started to scream.

Puzzle Corner

Quiz

Answers from Issue 13

The two sides that came second and third behind Manchester United in both the first Premier League Season, and the last season that Manchester United were promoted from the Second Division were; Aston Villa and Norwich City.

This Issue's quiz.

In which year was Dilbert first published?

Crossword

Incandescent

Sudoku

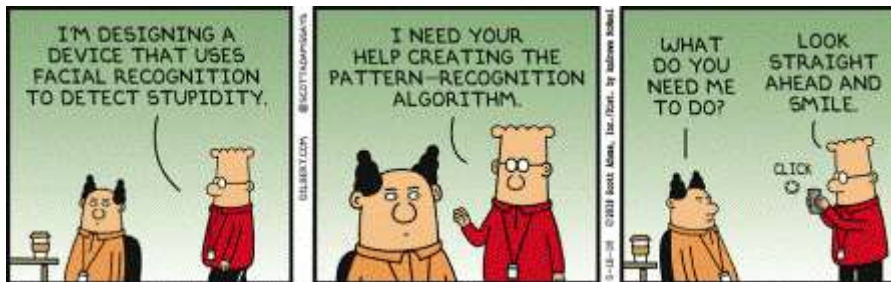
Issue 13's Solution

4	1	8	6	3	5	2	7	9
9	3	6	7	2	8	1	5	4
7	2	5	9	1	4	6	8	3
1	5	2	8	4	6	3	9	7
6	9	3	5	7	2	4	1	8
8	7	4	3	9	1	5	2	6
2	6	9	4	5	7	8	3	1
5	8	7	1	6	3	9	4	2
3	4	1	2	8	9	7	6	5

This issue's puzzle

1		4					7	
	3		8		2			1
				4			8	5
	6		7		9		3	
	1			3		5		
7			5		1		9	
2	7			1				
3			6		7		4	8
	9				8			3

Dilbert



Epilogue

If you want to catch up on old issues, Drabbles I've had published, or the random scribbling from a bored mind on my blog then they are all available at <http://www.onetruekev.co.uk/>
 Sign up to the mailing list on the home page there. E-mail any ideas or suggestions to kev@onetruekev.co.uk